'Heart and Soul'
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Aurifil block of the month, April

Inspired by Heart and Soul by T’Pau
Block size – 12.5” unfinished (12” finished)
Fabrics used Rock n’ Romance by Pat Bravo for Art Gallery Fabrics, lace elements by Art Gallery Fabrics.
Thread used is cotton Mako 50 wt in #2311 by Aurifil
Cutting

From background fabric (lace elements);
cut (9) 2 1/2” squares
cut (5) 2 7/8” squares

From print fabrics (Rock n’ Romance);
cut (14) 2 1/2” squares
cut (5) 2 7/8” squares

Important - Use a ¼” seam allowance throughout unless otherwise stated

Construction

Construct half square triangle units from the 2 7/8” squares. Using a print square and a background square for each half square triangle unit. (For detailed step by step instruction on assembling half square triangle units consult January’s block directions)
Press seams to dark side.

Assemble the block in rows, as pictured below.
Press the seams of the alternate rows in opposite directions so the seams nest together for more precise points. See the picture below for reference.
(For example - rows 1, 3 and 5 press seams to the left, and rows 2 and 4 to the right)

Sew the rows together and press the block well all over.
Sew the remaining 6 background squares together into a row and sew this to either the top or bottom of your block. It’s up to you!

Bottom;

Top;

And your block is done!
You can make a fun quilt from this block and give the hearts the illusion of bobbing up and down by sewing the row of background squares either at the top or the bottom of the block. In the example below blocks 1 and 3 of the top row have the background squares at the bottom, and block 2 has them at the top of the block. That is then alternated in the other blocks.