



# GROW UP

Designed by Nancy Rink  
Nancy Rink Designs

Finished Quilt Size: 24"  
x 24"

Finished Block Size: 4"  
Number of Blocks: 14"

Fabric used is *Intrigue*  
by Nancy Rink and  
*The Seasons Wool*  
Collection, both by  
Marcus Fabrics

## MATERIALS NEEDED

Seven Fat Sixteenths (9" x 11" rectangle) assorted peach, red, orange, & yellow prints for baskets

3/8 yard Red Texture for block background

Fat Eighth (9" x 21") Stripe for inner border

1/2 yard Burgundy Floral for outer border and binding

5" square of Spring Green #2117 Wool for stems and leaves

5" square of Cerise Wool #2155 for small tulips

6 1/2" square of Candy Coral #2125 for large tulips

7/8 yard backing fabric

Aurifil 50wt #2265 and #2314 for piecing

Aurifil Lana #12 Wool #8021 for blanket stitch and French knots

Aurifil 50 wt #2265 and #2530 for quilting

## SUPPLIES

Frixion Heat Erase Pen  
Ruler with a 45-degree line

Serrated Scissors

Fabric Glue

**Want to make a Mini just like this one?**

Fabric and thread kit available at  
[nancyrinkdesigns.com](http://nancyrinkdesigns.com)

## CUTTING

From each of the Fat Sixteenths, cut:

Two  $1\frac{3}{4}$ " x  $4\frac{1}{2}$ " A rectangles

Two  $1\frac{1}{4}$ " x  $3\frac{1}{2}$ " B rectangles

Four  $\frac{7}{8}$ " x 5" strips

From the Red Texture, cut:

Three  $1\frac{3}{4}$ " x WOF strips recut into twenty-eight  $1\frac{3}{4}$ " C squares and twenty-eight

$1\frac{1}{4}$ " x  $1\frac{1}{4}$ " D rectangles

One 3" X WOF strip, recut into fourteen 3" F squares

Four  $4\frac{1}{8}$ " squares cut in half twice diagonally to make sixteen E triangles

(you will only need 14)

Two  $4\frac{1}{2}$ " G squares

From the Stripe, cut:

Two  $1\frac{1}{4}$ " x  $16\frac{1}{2}$ " side inner borders

Two  $1\frac{1}{4}$ " x 18" top/bottom inner borders

From the Burgundy Floral, cut:

Two  $3\frac{1}{2}$ " x 18" side borders

Two  $3\frac{1}{2}$ " x 24" top/bottom borders

Three  $2\frac{1}{4}$ " x WOF strips for binding

From the Spring Green wool, cut:

Two  $\frac{1}{2}$ " x  $3\frac{1}{2}$ " stems

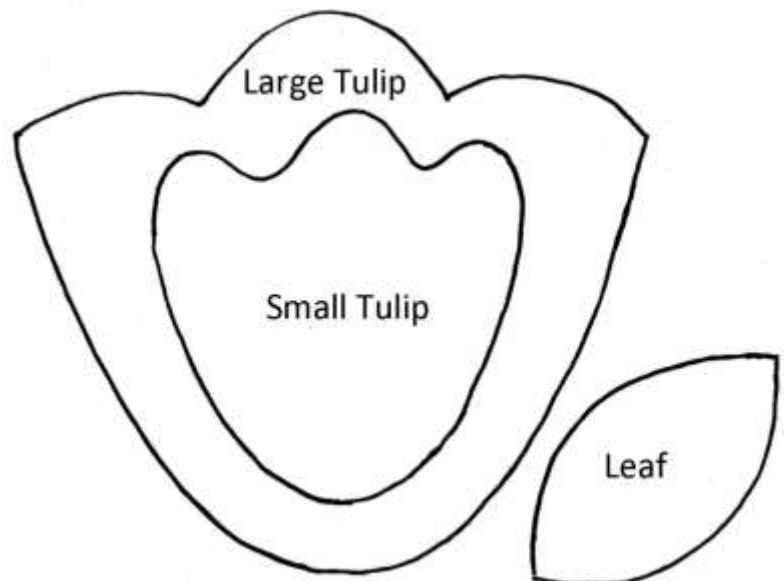
Four Leaves H

From the Cerise Wool, cut:

Two Small Tulip J

From the Candy Coral wool, cut:

Two Large Tulip I



## SEWING

1. Basket Center Unit. On the wrong side of the Red Texture C squares, draw a diagonal line from corner to corner.

Position two C squares on a Basket Fabric A rectangle as shown in *Photo One*. Stitch on the drawn lines.

Trim excess fabric as shown in *Photo Two*. Flip Red Texture right side up. Press. The

Basket Center Unit should measure  $1\frac{3}{4}$ " x  $4\frac{1}{2}$ ".

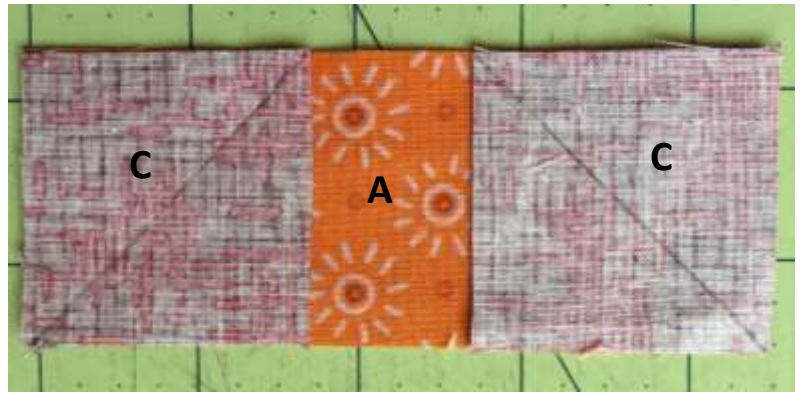


Photo One



Photo Two

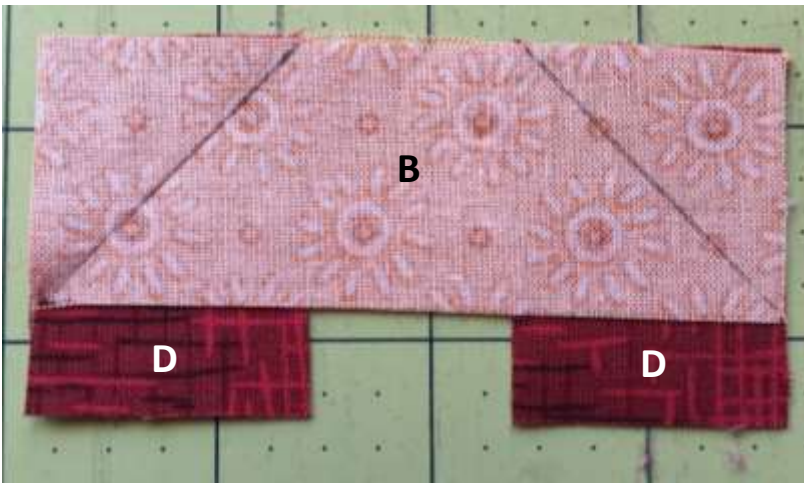


Photo Three

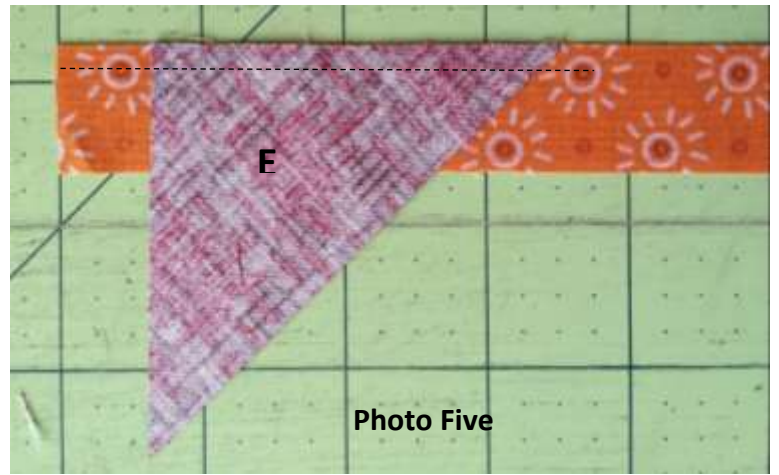
2. Basket Base Unit. Using a ruler with a 45-degree line, draw lines at a 45-degree angle on the wrong side of the Basket Fabric B rectangle as shown in *Photo Three*. Position two Red Texture D rectangles as shown. Pin in place. Stitch on the drawn lines. Trim excess fabric. . Flip Red Texture right side up as shown in *Photo Four*. Press. The Basket Base Unit should measure  $1\frac{1}{4}$ " x  $4\frac{1}{2}$ ".



Photo Four

### 3. Basket Handle Unit.

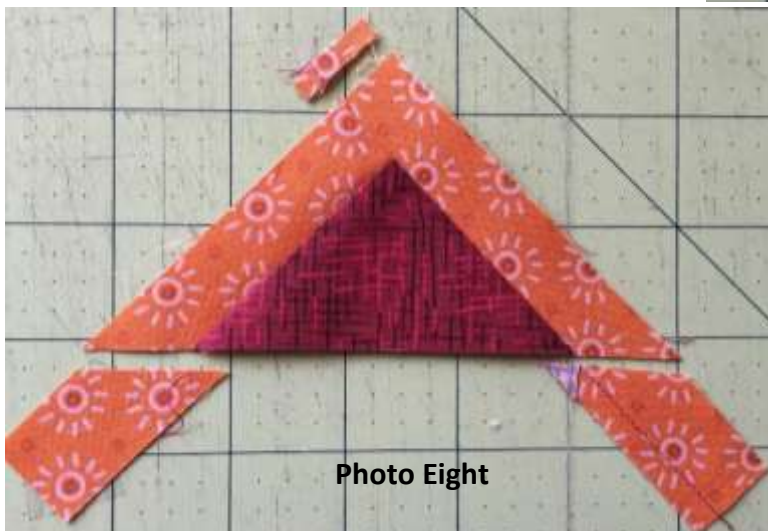
Position a Red Texture E triangle on a Basket fabric strip as shown in *Photo Five*. Stitch a  $\frac{1}{4}$ " seam as indicated by the dashed line. Flip the Red Texture fabric so it is right side up and press.



Align the edge of a ruler with the diagonal edge of the Red Texture triangle and trim off the Basket Fabric as shown in *Photo Six*.



Position a second Basket Fabric Strip as shown in *Photo Seven*. Stitch a  $\frac{1}{4}$ " seam as indicated by the dashed line. Flip Basket Fabric strip, right side up and press.



Align the edge of a ruler with the edge of the Red Texture triangle and trim off the Basket Fabric as shown in *Photo Eight*.

Also trim off any excess Basket Fabric from the top edge of the unit.  
Arrange Unit and Red Texture F triangles as shown in *Photo Nine*.  
Sew triangles to the unit and press. Trim the unit to measure 2 ½" x 4 ½".



Photo Ten

4. Block Assembly. Arrange a Basket Handle Unit, a Basket Center Unit, and a Basket Base Unit as shown in *Photo Ten*. Sew units together. Press seams open. Block should measure 4 ½" square. Make a total of 14 blocks

## QUILT ASSEMBLY

1. Arrange the Basket blocks and Red Texture G squares as shown in the *Quilt Assembly Diagram*.

2. Sew together in rows; then, sew together the rows.

3. Sew Stripe side borders to the quilt; then, sew the top and bottom Stripe borders to the quilt. Press seams toward the Stripe fabric.

4. Sew the Burgundy Floral side borders to the quilt. Then, sew the top/bottom borders to the quilt. Press seams toward the Burgundy Floral.

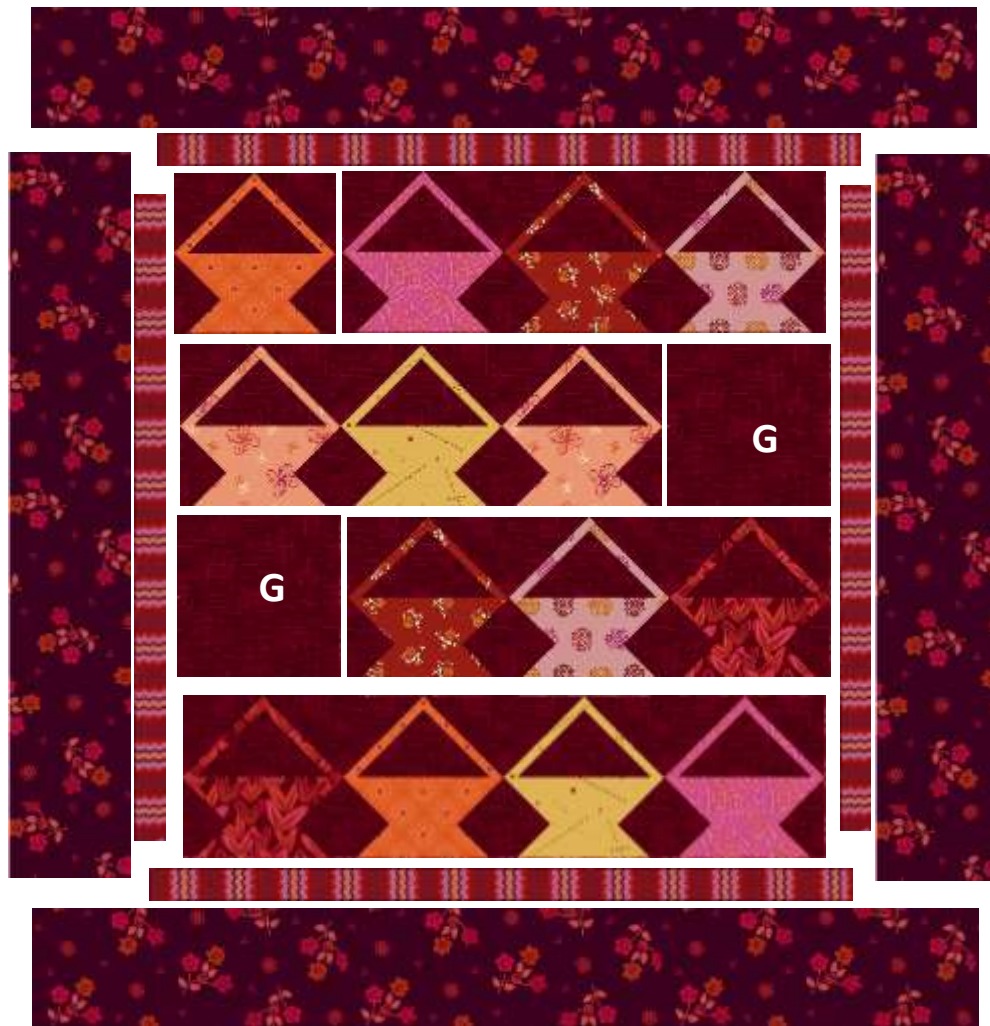


Photo Eleven

## WOOL APPLIQUE'

1. Referring to the *Photo Eleven*, position appliqué patches. Pin or glue in place. Using the Aurifil Lana Thread, blanket stitch around all of the patches. Add some French Knots to the top of the Large Tulip.

## FINISHING

1. Layer top, batting, and backing. Quilt as desired. Our quilt was stipple quilted on the Red Texture background with Aurifil 50 wt #2265. Aurifil 50wt #2530 was used to quilt in the ditch on the Stripe border and for the two parallel lines on the outer border.

2. Trim quilt top to square up, if necessary.

3. Bind using the Burgundy Floral 2 ¼"-wide strips, joined together end-to-end.

Pattern designed, made, and quilted by Nancy Rink of Nancy Rink Designs. 2015 Visit her online at [nancyrinkdesigns.com](http://nancyrinkdesigns.com) for more quilt patterns, fabric, techniques, and tutorials.