

Designed by Amy Friend of During Quiet Time

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This block was designed for the Aurifil Designer of the Month program for 2016.

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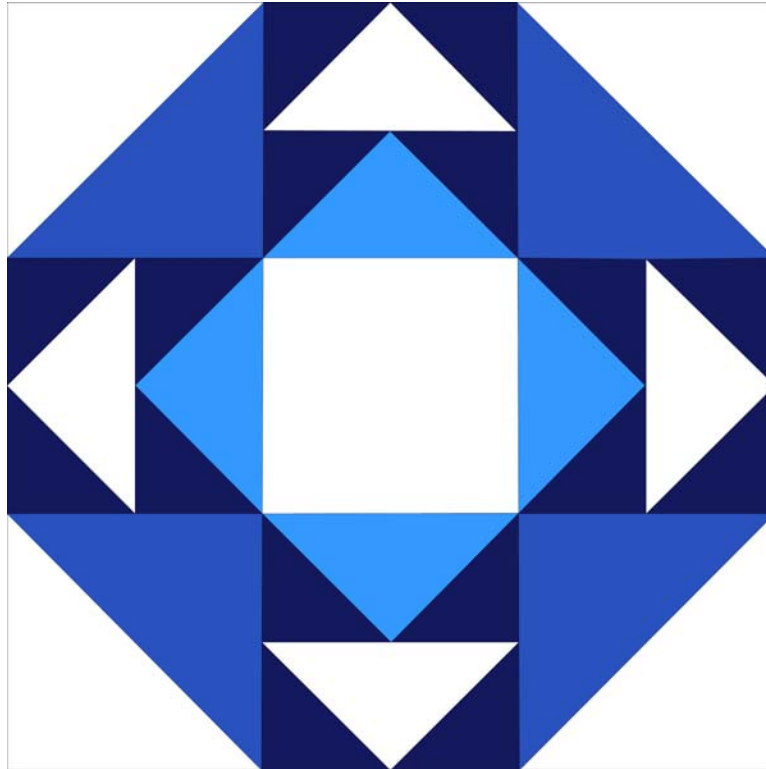


Diagram of Cups and Saucers Block

Cutting Directions

From white:

Cut 1 square, 4 ½"

Cut 4 rectangles, 4 ½" x 2 ½"

Cut 2 squares, 5"

From light blue:

Cut 4 rectangles, 4 ½" x 2 ½"

From medium blue:

Cut 2 squares, 5"

From navy blue:

Cut 16 squares, 2 ½"

Block Assembly Instructions

To create the flying geese units, begin by laying one white rectangle on your table facing up. Place a navy square on top of it, right sides facing, aligned with the left hand edges. Score a line on the diagonal from the upper left corner to the center of the rectangle. Stitch along that line. Trim off the excess leaving a ¼” seam allowance.



Press the navy triangle open. Repeat on the other side to complete the flying geese unit. Make 4.



Make four more units using the light blue rectangles as the base with navy squares.

Once the flying geese units are complete, sew them together in 4 sets of 2 to match this photograph.



Next, pair each 5" white square with a 5" medium blue square, right sides together. Draw a line at the diagonal and stitch $\frac{1}{4}$ " from the line on both sides. Cut along line and press open to create a total of 4 half square triangle units (HST). Trim the HST units to $4\frac{1}{2}$ " square.





Lay out your block. Sew the rows together from left to right. Press the seams of the top and bottom rows toward the HST units. Press the center row seams toward the center square. Nesting your seams, sew the rows together.

Your Cups and Saucers block is complete!